

## BRYAN FAMILY YMCA

# GROUP SWIM LESSONS

Swim Lessons at the Bryan Y are offered year 'round! Below are the Session Dates and Registration Dates for our next several Sessions. Swim Lessons are offered on Weekdays and Saturdays, and are sold in 6-lesson sessions.

Weekday classes run for three weeks, with 2 lessons each week. Saturday classes run for six weeks, with 1 lesson each week.

<b>Weekday Sessions:</b>	<b>Registration Begins</b>	<b>Saturday Sessions:</b>	<b>Registration Begins</b>
MAR. SESSION: MAR. 17 <sup>th</sup> – APR. 3 <sup>rd</sup>	Feb. 27 <sup>th</sup>	MAR. SESSION: MAR. 8 <sup>th</sup> – APR. 19 <sup>th</sup> *	Feb. 22 <sup>nd</sup>
APR. SESSION APR. 14 <sup>th</sup> – MAY 1 <sup>st</sup>	Mar. 26 <sup>th</sup>	MAY SESSION: MAY 3 <sup>rd</sup> – JUNE 7 <sup>th</sup>	April 18 <sup>th</sup>
MAY SESSION MAY 12 <sup>th</sup> – JUNE 2 <sup>nd</sup> *	Apr. 30 <sup>th</sup>		* No classes on March 22 <sup>nd</sup>

\* No Classes May 26<sup>th</sup>

Class sessions cost **\$30** for **Members** and **\$50** for **Non-Members**. **Class times and availability are subject to change.**

**SHRIMPS:** A class for children ages **6 - 36 months** and their parents. Learn water adjustment skills, personal safety, and fun!

TUESDAYS and THURSDAYS: 11:30 – 12:00pm or 5:00 – 5:30pm  
SATURDAYS: 8:30 – 9:00am or 9:30 – 10:00am

**PIKE:** Beginning skills for children **ages 3-5** who have little or no swimming and floating skills. Emphasis is on basic locomotion.

MONDAYS and WEDNESDAYS: 5:00 – 5:30pm or 6:00 – 6:30pm  
TUESDAYS and THURSDAYS: 11:00 – 11:30am or 4:00 – 4:30pm  
SATURDAYS: 9:00 – 9:30am or 10:00 – 10:30am or 11:00 – 11:30am

**EEL:** Intermediate skills for children **ages 3 – 5** who can already swim-5 feet unassisted and submerge face / exhale bubbles.

MONDAYS and WEDNESDAYS: 5:30 – 6:00pm  
TUESDAYS and THURSDAYS: 10:30 – 11:00am or 4:30 – 5:00pm  
SATURDAYS: 10:30 – 11:00am

**RAY:** Advanced skills for children **ages 3 – 5** who can perform front and back floats, submerge face, and swim 15 feet unassisted.

MONDAYS and WEDNESDAYS 5:30 – 6:00pm  
SATURDAYS 11:30 – 12:00noon

**STARFISH:** Advanced skills for children **ages 4 – 6** who can swim 25 - 30 feet using basic crawl and/or backstroke.

TUESDAYS and THURSDAYS only 5:30 – 6:00pm

**POLLIWOG:** Beginning skills for children ages **6 – 14**. Emphasis on floating, water survival, and basic stroke development.

MONDAYS and WEDNESDAYS: 4:15pm – 5:00pm or 6:30 – 7:15pm  
TUESDAYS and THURSDAYS: 6:15 – 7:00pm  
SATURDAYS: 8:15 – 9:00am or 11:15 – 12:00noon

**GUPPY:** For children ages **6 – 14** who can swim 10-15 feet unassisted with a basic stroke and a submerged face.

TUESDAYS and THURSDAYS: 5:15 – 6:00pm  
SATURDAYS: 9:45 – 10:30am

**MINNOW / FISH:** For children ages **6 – 14** who can swim 25 yards (1 pool length) using two or more strokes.

TUESDAYS and THURSDAYS: 7:15 – 8:00pm  
SATURDAYS: 10:30 – 11:15am

**ADULT SWIM I:** Designed for beginner or non swimmers ages **15 & up**. Learn basic stroke technique, safety, and survival.

MONDAYS and WEDNESDAYS 7:15 – 8:00pm  
SATURDAYS 9:00 – 9:45am