

# Greensboro Community YMCA Swim Team



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## 2009-2010 Registration Information

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*The YMCA of Greensboro is the proud home of the GCY Makos!!!* Located at the Bryan, Ragsdale, Spears and Reidsville YMCA's, we offer a comprehensive swimming program for the Greensboro area. GCY is founded on the belief that a child's involvement in competitive swimming offers a unique opportunity and an invaluable experience in his or her life; one that will help shape athletes as both competitors and individuals. Whether you are just getting started or you strive to compete at the national level, you will meet new friends, have fun, and swim fast!

***Instilling  
Commitment***

***Building  
Confidence***

***Developing  
Character***

**Four Locations! Downtown - Northwest - Jamestown - Reidsville**

*For more information regarding the GCY programs, please contact:*

**David Teel**  
**Swim Team Director**  
Phone: (336) 478-9635  
Email: gcymakos@gmail.com

**Team office:**  
Bryan Family YMCA  
501 W. Market St  
Greensboro, NC 27401

Website: [www.gcyswimteam.org](http://www.gcyswimteam.org)



*We Build Strong Kids,  
Strong Families,  
Strong Communities*

Our Mission: To put Judeo-Christian values into practice through programs that build a healthy spirit, mind, and body for all.

Squad	Squad Description
Pups	The Pups squad is for children just getting started with competitive swimming. Our goal is to teach the fundamentals of stroke technique while the kids have fun and learn to love the sport of swimming. <i>Swimmers must be able to complete 25 yards of freestyle and backstroke in order to participate.</i>
Mini	The Mini squad is designed to encourage regular participation in structured practices while continuing to focus on the fundamentals of stroke technique and basic swimming skills. <i>Swimmers must be able to complete a legal 100 IM in order to participate in Mini's.</i>
White	The White group is our introduction to age group swimming. Our swimmers continue to refine their strokes while learning the basics of training. The White squad is encouraged to participate in local competition and begin to learn the importance of regular practice attendance.
Silver	Our most advanced age group level focuses on stroke refinement and physical conditioning in order to prepare our athletes for Senior level swimming. Silver swimmers compete at the local and regional level and are expected to attend at least 3 practices/week.
Red	Our introduction to Senior swimming, the Red squad is designed for those athletes preparing for our Black squad as well as high school and summer league swimming. Athletes at this level are introduced to more advanced training methods and are challenged on a daily basis. Attendance of at least 3 practices/week are required at the Bryan site. No attendance requirement at Ragsdale.
Black	Our most advanced squad is for those athletes dedicated to training for National level competition. Only our most committed swimmers will be considered for the Black squad. Time management is crucial to balance the academics and physical demand to train at this level. Commitment to a year-round training plan and attendance of at least 5 workouts/week during the school year and 7 workouts/week during the summer is required.
Masters	Whether you are just looking for a structured workout or regular competition, our Masters group is a fun and challenging group for adult athletes age 19 and older. <i>*YMCA membership not required.</i>

Practice Site	Pups	Mini	White	Silver	Red	Black	Masters
Bryan	T/Th 4:30-5:30pm Sat. 9:00-10:00am	M/W/F 4:30-5:45pm Sat. 9:00-10:00am	M-F 4:30-6:00pm Sat. 8:30-10:00am	M-F 4:30-6:15pm Sat 8:30-10:00am	Mon-Fri 5:00-7:30pm Sat. 7-10am	Mon-Fri 5:00-7:30pm T/Th/F 5:45-7:15am Sat. 7-10am	M/W 12:00-1:00pm T/Th 6:00-7:00am Sat. 7:00-8:30am
Ragsdale	T/Th 4:30-5:30pm	M/W/F 4:30-5:45pm	M-F 4:30-6:00pm	M-F 5:30-7:15pm	M-F 5:30-7:30pm	n/a	T/Th 6:00-7:00am
Reidsville	TBD	TBD	TBD	TBD	n/a	n/a	n/a
Spears	T/Th 4:30-5:30pm	M/W/F 4:30-5:45pm	M-F 5:30-7:00pm	M-F 5:30-7:00pm	n/a	n/a	n/a

#### Annual Fees:

Pups: \$500      Mini: \$550  
 White: \$600      Silver: \$650  
 Red: \$750      Black: \$850

*\*10 equal payments may be made beginning September 15th and ending June 15th.*

Masters: \$25/month  
 (\$40/month for non-members)

Reidsville fees vary slightly, please check for prices.

#### Special Notes:

- All GCY participants must be members of the YMCA of Greensboro (individual branch or metro membership).
- Annual registration fee of \$80.00 is required for all swimmers. This includes USA Swimming membership, team t-shirt and cap.
- Monthly payments will be processed by bank draft. If you are unable to be drafted monthly, please contact Elizabeth Minehart at the Bryan YMCA, 478-9622.
- All early withdrawals require a 30-day written notice and will be charged a one month cancellation fee. All cancellations must be processed by Head Coach David Teel or Elizabeth Minehart.
- Season begins Aug. 31, 2009 and runs through Aug. 14, 2010

## 2009 GCY MAKOS REGISTRATION

### Contact Information

Mother's name: \_\_\_\_\_ Father's name: \_\_\_\_\_  
Cell phone #: \_\_\_\_\_ Cell phone #: \_\_\_\_\_  
Email address: \_\_\_\_\_ Email address: \_\_\_\_\_  
Address: \_\_\_\_\_ Address: \_\_\_\_\_  
(if not same) \_\_\_\_\_  
Home phone #: \_\_\_\_\_ Home phone #: \_\_\_\_\_

**Practice site:** Bryan Ragsdale Reidsville Spears

May we include you in our team directory? Y N Number to receive text messages: \_\_\_\_\_  
(used only for schedule changes, etc.)

### Swimmer Information

Name: \_\_\_\_\_  
Last First Middle  
Date of Birth: \_\_\_\_\_ Sex: M F Squad: \_\_\_\_\_  
T-shirt size: \_\_\_\_\_ youth/adult New swimmer? Y N Birth Certificate? Y N\*

Name: \_\_\_\_\_  
Last First Middle  
Date of Birth: \_\_\_\_\_ Sex: M F Squad: \_\_\_\_\_  
T-shirt size: \_\_\_\_\_ youth/adult New swimmer? Y N Birth Certificate? Y N\*

Name: \_\_\_\_\_  
Last First Middle  
Date of Birth: \_\_\_\_\_ Sex: M F Squad: \_\_\_\_\_  
T-shirt size: \_\_\_\_\_ youth/adult New swimmer? Y N Birth Certificate? Y N\*

**Emergency contact:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

\* All new swimmers are required to  
provide a copy of their birth certificate

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

# Y SWIM TEAM

We build strong kids, strong families, strong communities.



Child(ren)'s Name: \_\_\_\_\_

Account Holder's Name: \_\_\_\_\_

## BANK DRAFT AGREEMENT:

Please indicate type of account:  Credit Card  Checking Account (voided check)  Savings Account

I give authorization to the YMCA of Greensboro to automatically draft \$\_\_\_\_\_ a month from my account. I have provided a *copy of my credit card* (front desk will make), a *voided check* or a *bank issued statement* indicating routing and account number from my checking or savings account. It is my understanding that the draft will take place on the **15th of each month** and cannot be changed from that date. \_\_\_\_\_ (initials)

### Member's Agreement:

1. The YMCA Swim Team Bank Draft is a continuous plan through **June 15, 2010**. I understand that I will be drafted until a **30 DAY WRITTEN NOTICE** is given and I also understand that the Swim Team draft will automatically stop after the June 15<sup>th</sup> draft.
2. I understand that there will be a **one month cancellation fee** if my child(ren) leave the team before June 15<sup>th</sup>. \_\_\_\_\_ (initials)
3. I understand that all **cancellations or leaving the team** early for any reason are **subject to approval by Coach David Teel** and until I sign the form with Coach Dave my child(ren) cancellation is not official. \_\_\_\_\_ (initials)
4. I understand that **30 DAY WRITTEN NOTICE** is needed for any changes in account numbers. Errors or questions regarding the draft should be addressed to the administrative coordinator as soon as possible. Any error must be identified **NO LATER THAN 60 DAYS** from the posted bank statement date. The YMCA **DOES NOT** accept responsibility for any errors, if **MORE THAN 90 DAYS** have past since the initial error.
5. Should any monthly draft not be honored by my bank for any reason, I realize that I am responsible for that payment plus a **\$20 service charge** applied by the YMCA. This is in addition to any service fee my bank may charge.

*Please note, if the person whose account is being drafted is not the YMCA member, it is understood that the account holder is responsible for the above agreement and conditions.*

Account Holder's Signature: \_\_\_\_\_ Date: \_\_\_\_\_